

OFFICE OF THE PRESIDENT  
**SCHOOL GAMES FEDERATION OF INDIA**

Campus of Directorate Of Secondary Education  
18, Park Road, Lucknow, U.P. 226001

**WEIGHT-LIST**

**BOXING**

Sr.No	U-14 Boys KG	U-14 Girls KG	U-17 Boys KG	U-17 Girls KG	U-19 Boys KG	U-19 Girls KG
1.	28-30	--	-46	-42	-46	-45
2.	30-32	--	46-48	42-44	46-49	45-48
3.	32-34	--	48-50	44-46	49-52	48-51
4.	34-36	--	50-52	46-48	52-56	51-54
5.	36-38	--	52-54	48-50	56-60	54-57
6.	38-40	--	54-57	50-52	60-64	57-60
7.	40-42	--	57-60	52-54	64-69	60-64
8.	42-44	--	60-63	54-57	69-75	64-66
9.	44-46	--	63-66	57-60	75-81	66-69
10.	46-48	--	66-70	60-63	81-91	69-75
11.	48-50	--	70-75	63-66	+91	75-81
12.	--	--	75-80	66-70	--	+81
13.	--	--	+80	70-75	--	--
14.	--	--	--	75-80	--	--
15.	--	--	--	+80	--	--



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**THANG-TA-MARTIAL ART**

Sr. No	U-14 Boys KG	U-14 Girls KG	U-17 Boys KG	U-17 Girls KG	U-19 Boys KG	U-19 Girls KG
1.	-40	-37	-48	-44	-56	-50
2.	-44	-41	-52	-48	-60	-54
3	-48	-45	-56	-52	-65	-58
4.	-52	-49	-60	-56	-70	-62
5.	-56	-53	-65	-60	-75	-66
6.	+56	+53	-70	-75	-80	-70

**WEIGHT LIFTING**

Sr.No	U-17 Boys KG	U-17 Girls KG	U-19 Boys KG	U-19 Girls KG
1.	-49	-40	-55	-45
2.	-55	-45	-61	-49
3	-61	-49	-67	-55
4.	-67	-55	-73	-59
5.	-73	-59	-81	-64
6.	-81	-64	-89	-71
7.	-89	-71	-96	-76
8.	-96	-76	-102	-81
9.	-102	-81	+102	-87
10.	+102	+81	--	+87

  
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**WRESTLING F/S**

Sr.No	U-14 Boys KG	U-14 Girls KG	U-17 Boys KG	U-17 Girls KG	U-19 Boys KG	U-19 Girls KG
1.	35	30	45	40	57	50
2.	38	33	48	43	61	53
3	41	36	51	46	65	55
4.	44	39	55	49	70	57
5.	48	42	60	53	74	59
6.	52	46	65	57	79	62
7.	57	50	71	61	86	65
8.	62	54	80	65	92	68
9.	68	58	92	69	97	72
10.	75	62	110	73	125	76

**WRESTLING G/R**

Sr.No	U-17 Boys KG	U-19 BOYS KG
1.	45	55
2.	48	60
3	51	63
4.	55	67
5.	60	72
6.	65	77
7.	71	82
8.	80	87
9.	92	97
10.	110	130



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**JUDO**

SR.No	U-14 Boys KG	U-14 Girls KG	U-17 Boys KG	U-17 Girls KG	U-19 Boys KG	U-19 Girls KG
1.	-25	-23	-40	-36	-40	-36
2.	-30	-27	-45	-40	-45	-40
3	-35	-32	-50	-44	-50	-44
4.	-40	-36	-55	-48	-55	-48
5.	-45	-40	-60	-52	-60	-52
6.	-50	-44	-66	-57	-66	-57
7.	+50	+44	-73	-63	-73	-63
8.	--	--	-81	-70	-81	-70
9.	--	--	-90	+70	-90	+70
10.	--	--	+90	--	+90	--

**Kabaddi**

SR.No	U-14 Boys KG	U-14 Girls KG	U-17 Boys KG	U-17 Girls KG	U-19 Boys KG	U-19 Girls KG
1.	51	48	55	55	70	65

  
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**KURASH**

Sr.No	U-14 Boys KG	U-14 Girls KG	U-17 Boys KG	U-17 Girls KG	U-19 Boys KG	U-19 Girls KG
1.	-25	-24	-40	-36	-45	-40
2.	-30	-28	-45	-40	-50	-44
3	-35	-32	-50	-44	-55	-48
4.	-40	-36	-55	-48	-60	-52
5.	-45	-40	-60	-52	-66	-57
6.	-50	-44	-66	-57	-73	-63
7.	-55	-48	-73	-63	-81	-70
8.	+55	+48	+73	+63	+81	+70



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**KARATE**

Sr.No	U-14 Boys KG	U-14 Girls KG	U-17 Boys KG	U-17 Girls KG	U-19 Boys KG	U-19 Girls KG
1.	-20	-18	-35	-32	-35	-32
2	-25	-22	-40	-36	-40	-36
3.	-30	-24	-45	-40	-45	-40
4.	-35	-26	-50	-44	-50	-44
5.	-40	-30	-54	-48	-54	-48
6.	-45	-34	-58	-52	-58	-52
7.	-50	-38	-62	-56	-62	-56
8.	-55	-42	-66	-60	-66	-60
9.	-60	-46	-70	-64	-70	-64
10.	+60	-50	-74	-68	-74	-68
11.	--	+50	-78	+68	-78	+68
12.	--	--	-82	--	-82	--
13.	--	--	+82	--	+82	--



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**TAEKWONDO**

SR.No	U-14 Boys KG	U-14 Girls KG	U-17 Boys KG	U-17 Girls KG	U-19 Boys KG	U-19 Girls KG
1.	-18	-16	-35	-32	41-45	-40
2.	18-21	16-18	35-38	32-35	45-48	40-42
3	21-23	18-20	38-41	35-38	48-51	42-44
4.	23-25	20-22	41-45	38-42	51-55	44-46
5.	25-27	22-24	45-48	42-44	55-59	46-49
6.	27-29	24-26	48-51	44-46	59-63	49-52
7.	29-32	26-29	51-55	46-49	63-68	52-55
8.	32-35	29-32	55-59	49-52	68-73	55-59
9.	35-38	32-35	59-63	52-55	73-78	59-63
10.	38-41	35-38	63-68	55-59	+78	63-68
11.	+41	+38	68-73	59-63	---	+68
12.	---	---	73-78	63-68	---	---
13.	---	---	+78	+68	---	---



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**WU-SHU**

Sr.No	U-17 Boys KG	U-17 Girls KG	U-19 Boys KG	U-19 Girls KG
1.	-40	-36	-40	-36
2.	-45	-40	-45	-40
3.	-48	-45	-48	-45
4.	-52	-48	-52	-48
5.	-56	-52	-56	-52
6.	-60	-56	-60	-56
7.	-65	-60	-65	-60
8.	-70	-65	-70	-65
9.	-75	-70	-75	+65
10.	-80	---	-80	---
11.	-85	---	-85	----



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